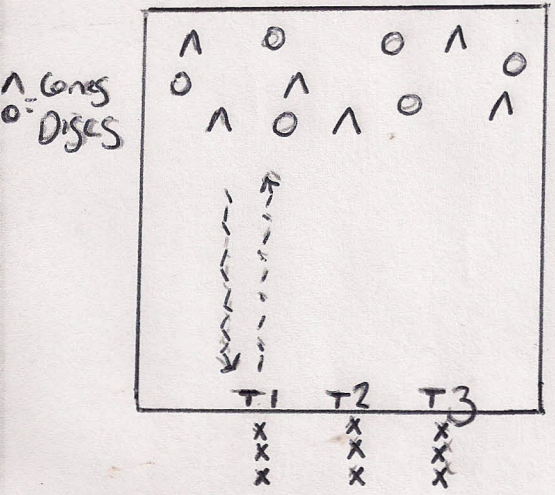


U6-U8 Dribbling Week 2

Pirates of the Caribbean

Split players in to 2-3 groups of pirates depending on numbers. Aim of the game is First player in each pirate team dribble their ball - encourage small touches - keep the ball close and head up. Players dribble their balls to the treasure - cones/Discs. The players MUST stop their ball next to a piece of treasure - pick up one piece of treasure - Try to encourage the players to perform a turn and then they dribble back to their team.

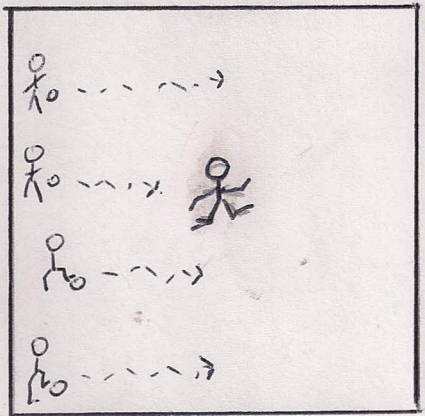


T1 = Team 1
T2 = Team 2
T3 = Team 3

Progressions - Add a defender - Jack Sparrow
Right / Left Foot Dribble only.

British Bull Dogs

A Defender starts in the middle and tries to prevent the rest of the players from dribbling across the grid. Once a defender takes the ball, the defender Kicks the ball out of the grid, The dribbler who lost the ball becomes a defenders.



-----> Path of run

Progressions

- Have the defenders start on their hands and knees and once players start to have success have defenders stand.
- Have defenders dribble the ball back over the start line before they can eliminate the player.